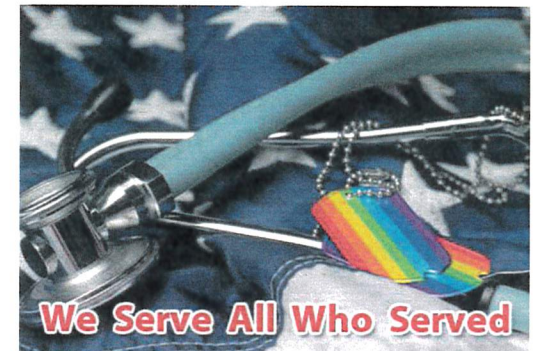


Minneapolis VA  
is proud to  
serve all  
veterans -  
including  
transgender and  
gender variant  
veterans -  
now and in the  
future.

MINNEAPOLIS VA HEALTH CARE SYSTEM  
VAB 10-0342 (618) 09/2018



## Transgender Care Services



Minneapolis VA Health Care System  
1 Veterans Drive  
Minneapolis, MN 55417

Minneapolis VA strives to be a welcoming and inclusive facility for veterans across the gender spectrum.

Discussing gender with care providers can be difficult, and navigating a complex medical system can be challenging. This brochure provides information that can help you understand the services available and access the care you need.

### **Does Minneapolis VA have a specialty clinic for transgender health care?**

No. Services are integrated in clinics throughout the facility. You are able to access gender-affirmative medical and mental health care in any of our outpatient clinics, including the community-based outpatient clinics.

### **Does VA provide or pay for gender affirmative surgeries?**

No. At this time VA does not provide or pay for surgeries intended for gender affirmation/re-assignment. VA does assist with pre- and post-surgical needs (including post-surgical complications).

## **Services available in the Minneapolis VA System:**

- Individual psychotherapy to address needs related to transition, coming out, identity exploration, etc.
- Group psychotherapy to enhance support & have a place to discuss identity with other transgender or gender variant veterans
- Diagnostic evaluations and assessments of readiness prior to hormone therapy or surgery (provided through mental health)
- Cross-sex hormone therapy (provided through primary care)
- Speech/language therapy for vocal feminization or masculinization
- Prosthetic items if deemed medically necessary and part of your treatment plan
- Letters of support for legal name/gender marker change
- Letters of support for gender-affirmative surgical procedures
- Reading materials in the Patient Education Library (1S-134)

### **Where do I start?**

Every person has unique needs. Talk to a provider you feel comfortable with. They can collaborate with you to determine what referrals would meet your needs.

### **Where can I get more info?**

Visit the Minneapolis VA LGBT website:  
<https://www.minneapolis.va.gov/MINNEAPOLIS/services/lgbt/index.asp>

There you'll find more information, including contact information for our LGBT Veteran Care Coordinators.

### **Where can providers get more info?**

- VHA Directive 1341: Providing Health Care for Transgender and Intersex Veterans
- National Transgender E-Consult Service: Providers get specific guidance from an expert team regarding your healthcare (found on Outpatient Consults menu)
- Minneapolis VA Transgender Health Sharepoint Site: <https://vaww.visn23.portal.va.gov/min/SiteDirectory/TransgenderHC/SitePages/Home.aspx>
- National Transgender Education Sharepoint Site: <http://go.va.gov/Transgender> (when on VA network)
- Ask LGBT Health (every Friday, 1-2pm CST) Details on National Sharepoint website listed above